



# The Book Of **EPHESIANS** The Eternal Purpose: Bride of Christ

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**Ephesians 6:17 - Helmet of Salvation**

### **Key Scriptures:**

Ephesians 6:17

Hebrews 10:16

1 Peter 1:7-9 & 17-19

2 Peter 1:3-4

Romans 3:14

### **Key Points:**

- Take the helmet of salvation and the sword of the Spirit which is the word of God
- The helmet here symbolises a covering of the mind, a picture of an external item to describe an internal posture. Just as a soldier has to choose to put on his armour so do we.
- The more heavy duty the armour the greater the need to have someone place the armour on and we have the greatest of all armour available to us, Jesus Christ Himself.
- We are all given free choice, to choose to follow Christ, to choose to walk in His way, to choose to surrender our will to the Father's will. As we do we discover the very precious promises that are our Amen to His Yes contained in Christ. We must choose!
- Let's not be like a squiggling child struggling against the very clothes that are being put on him to cover and protect but rather surrender to the greatest of Love and discover our true worth IN Christ.

### **Questions:**

1. We protect what is valuable; how valuable do you see yourself?
2. What does the armour of God mean to you?
3. Verse 17 speaks of salvation; salvation from what for what?
4. What or who does the armour represent?
5. What is your experience of being in this armour?
6. How do we get in this armour?

