



Discipleship[®] LIFE NOTES

Greg Simnor
Rest
26 February 2017

Key Scriptures

Hebrews 3
Hebrews 4:1-12

Key Points

The born again life is a life of rest

Questions

1. Jesus gives us the promise of rest. How would you describe what His rest is?
2. Unbelief kept the Israelites out of His rest. Why is unbelief so destructive when it comes to entering into rest?
3. Rest is an outcome of partaking in His Word. What are our thoughts in relation to this statement?
4. The Bible declares if we earnestly seek Him we will be rewarded. What steps are we taking towards Him to receive His rest?

Have a question about or thought on something in this message or series? Send your thoughts or questions into questions@therock.org.nz we'd love to hear from you.