



# discipleship LIFE NOTES



**Noel Mendoza**  
**Our Rock**  
**31 January 2016**

## **Key Scriptures**

1 Corinthians 10:4 - and drank the same spiritual drink; for they drank from the spiritual rock that accompanied them, and that rock was Christ.

Psalms 18:2 - The Lord is my rock, my fortress and my deliverer; my God is my rock, in whom I take refuge, my shield and the horn of my salvation, my stronghold.

John 17:4 – Now this is eternal life that they may know you and Christ you have sent.

2 Timothy 2:13 – If we are faithless, he remains faithful for he cannot disown Himself.

Psalms 115:8 – Those who make them will be like them and so all who trust in them.

Philippians 3:1 – Through Him you believe in God, who raised Him from the dead and glorified Him, and so your faith and hope are in God.

Deuteronomy 32: 3-4 Because I will publish the name of the LORD: ascribe ye greatness unto our God. He is the Rock, his work is perfect: for all his ways are judgment: a God of truth and without iniquity, just and right is he.

2 Corinthians 3:18 - And we all, who with unveiled faces contemplate the Lord's glory, are being transformed into his image with ever-increasing glory, which comes from the Lord, who is the Spirit.

Have a question about or thought on something in this message or series? Send your thoughts or questions into [questions@therock.org.nz](mailto:questions@therock.org.nz) we'd love to hear from you.

## **Key Thoughts**

He is The Rock my righteousness, my sustainer/sanctifier, my salvation

The Rock is eternal and gives a relationship that is likewise.

The Rock is timeless and unchanging. He is pure love, goodness, and kindness where there is no shadow of turning

The Rock can be trusted with our all. As we trust in Him, we become like Him.

## **Questions**

1. Have you experienced the Lord as your righteousness, sustainer, or salvation? In what way? Share any testimonies you have.
2. How does coming face to face with eternity alter the way we view and feel? What does it mean to be in an eternal relationship – to know and be known by Him?
3. Have you totally put your trust in The Rock? What is holding you back, knowing that He is completely reliable?
4. You become who you trust, who you turn to, who has your focus. Who has your focus at the moment? Has this been the case for most of your life? When/How has this changed?
5. How do our lives demonstrate the firmness of the Rock on which we stand? In what ways do testings add to our personal testimony and transformation?

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