



# discipleship LIFE NOTES



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**Of Eating and Drinking**  
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## **Key Scriptures**

- John 6:51 - *I am the living bread that came down from heaven. Whoever eats this bread will live forever. This bread is my flesh, which I will give for the life of the world.*
- Rev 3:20 - *If anyone hears my voice and opens the door, I will come in and eat with that person, and they with me.*
- Philippians 3:19 - *Their destiny is destruction, their god is their stomach, and their glory is in their shame. Their mind is set on earthly things.*
- Romans 14:17 - *For the Kingdom of God is not a matter of what we eat or drink, but of living a life of goodness and peace and joy in the Holy Spirit.*

## **Key Thoughts**

1. Food brings life, community and culture both physically and spiritually.
2. God wants to dine with us. He is involved in every aspect of it.
3. We go beyond eating and drinking physically to discerning and doing the same in the Spirit.

## **Questions**

1. Why does God use physical samples to convey spiritual realities?
2. If food is our first experience of culture and the last element to give up, what does this imply in the spiritual context? Why did Christ speak of Himself as bread and water?
3. Discernment is the ability to see. Do we see God, His love, His purposes and His hand in our everyday? How so?
4. God is their stomach – How is our appetite for God compare to our appetite for physical sustenance or our desire/drive for earthly pleasure?

Have a question about or thought on something in this message or series? Send your thoughts or questions into [questions@therock.org.nz](mailto:questions@therock.org.nz) we'd love to hear from you.