



# discipleship LIFE NOTES



**David Quin**  
**Are You Happy**  
**22 May 2016**

## **Key Scripture**

Matt 5:3-12

## **Key Thought**

- The pathway to true happiness begins with the stark recognition that we are heavily in debt and He has already paid the price.

## **Questions**

1. Why is it so important to know who you were before Christ?
2. What do you think being humble in spirit actually looks like?
3. Why are all the other be-attitudes defined by the first beatitude of being humble in spirit?

Have a question about or thought on something in this message or series? Send your thoughts or questions into [questions@therock.org.nz](mailto:questions@therock.org.nz) we'd love to hear from you.